

Friday 1st July 2022

RSE Update

Dear Parents,

This year, RSE lessons will be taught during the week of the **11th July**. The content which will be covered is detailed below.

Phase 1	<p>The cohort will be split into year groups not learning groups when we are teaching RSE.</p> <ul style="list-style-type: none"> • Year R will be looking at labelling parts of the body (basic names) and the Pantasaurus song. They will be learning to understand that they have private parts which are kept private. • Year 1 will be labelling and naming correct scientific body parts (specifically penis, testicle, vagina, vulva and anus) as per the Jigsaw plan. They will also be listening to the Pantasaurus song to understand about keeping their bodies private.
Phase 2	<p>The cohort will be split into year groups not learning groups when we are teaching RSE.</p> <p>Year 2</p> <ul style="list-style-type: none"> • To understand changes to our body • Life cycle (egg, baby, infant, child, adult, old person) • Understand that people grow old – not in control • To understand how the body changes from baby to child to adult • To know the physical difference between boys and girls – use the correct names for parts of the body <ul style="list-style-type: none"> ○ Penis, testicles, vagina, vulva, anus • To know that parts of my body are private • To know that there are different types of touch <ul style="list-style-type: none"> ○ Cuddle, squeeze, acceptable, unacceptable, comfortable and uncomfortable

<p>Phase 2</p>	<p>Year 3</p> <ul style="list-style-type: none"> • To understand that animals and humans change from birth to growing up • To understand that is usually the female that has a baby <ul style="list-style-type: none"> ◦ Babies, birth, animal, babies, mother, growing up • To know that babies grow in a mother's uterus/ womb <ul style="list-style-type: none"> ◦ Baby, grow, uterus, womb, nutrients, survive • To understand that boys' and girls' bodies need to change as they grow up so they can have babies • To know how bodies change on the outside <ul style="list-style-type: none"> ◦ Puberty, change, control, pubic hair, body hair, facial hair, hips wider, penis and testicles will grow, breasts will grow • To know how boys' and girls' bodies change on the inside during puberty <ul style="list-style-type: none"> ◦ Testicles, sperm, penis, ovaries, egg, ovum, womb, vagina • To recognise and challenge some stereotypical ideas about parenting and family roles <p>Year 4</p> <ul style="list-style-type: none"> • To understand that my characteristics come from my birth parents and the joining of the egg and a sperm • To understand the internal and external parts of the male and female body that are necessary for making a baby <ul style="list-style-type: none"> ◦ Sperm, ovum, penis, testicles, vagina, vulva, womb, ovaries, having sex, sexual intercourse, fertilise, conception • To know how a girl's body changes in order for her to be able to have babies • To know what a period is and understand menstruation • To know that change is natural and I cannot control all aspects
<p>Phase 3</p>	<p>The cohort will be taught across the Phase and some sessions will be include learning in boys' and girls' groups.</p> <p>Year 5</p> <ul style="list-style-type: none"> • Relationships - Attraction, mutual respect and consent • Puberty for girls - to explain how a girl's body changes during puberty and understand the importance of looking after yourself physically and emotionally • Puberty for boys - to describe how boys' and girls' bodies change during puberty • Conception- to understand that sexual intercourse can lead to conception and that is how babies are usually made. • To understand that sometimes people need IVF to help them have a baby <p>Year 6</p> <ul style="list-style-type: none"> • Relationships - Attraction, mutual respect and consent • Puberty - to explain how a girl's body changes during puberty and understand the importance of looking after yourself physically and emotionally • Conception- to understand that sexual intercourse can lead to conception and that is how babies are usually made. • To understand that sometimes people need IVF to help them have a baby • To describe how a baby develops from conception through to nine months of pregnancy and how it is born

Jigsaw have very clear guidelines regarding viewing their materials and this can only be done on school premises. If any parents wish to see the contents of the resources (which are a mixture of PowerPoints, animations, paper-based activities and discussions); please contact myself to discuss further.

As stated in our RSE policy, parents have a right to withdraw their children from the sexual intercourse sessions only. If you do not wish your child to take part in these few sessions, an application to do so must be received in writing to myself or Mrs Matthews. We will be more than happy to discuss any concerns you may have.

As the Jigsaw Parent Information states:

"More than ever before, children are exposed to representations of sex and sexuality through the social culture around them. The unregulated content on the internet or social media, can mean children may be exposed to dangerous, confusing or scary content. We can prepare them for this by presenting a balanced view of positive healthy relationships to help them to be discerning and to stay safe."

Please do not hesitate to contact myself or your child's teacher if you have any further questions or need anything clarified.

Kind regards,

A handwritten signature in black ink, appearing to read 'J. Bevan', with a long horizontal flourish extending to the right.

Jayne Bevan
Acting Head of School