



St Paul's C of E Primary School, New Street, Gloucester, GL1 5BD Tel: 01452 521872 email: admin@st-pauls.gloucs.sch.uk www.st-pauls.gloucs.sch.uk

Some exciting news!

The Governors are delighted to inform you that we have appointed Mrs Jayne Bevan as our substantive Headteacher at St Paul's School. We are confident in Jayne's ability and enthusiasm to provide capable and forward thinking leadership for the school which we know will secure our school vision and ethos.

I am sure you will join us in thanking Jayne in her capacity as Acting Head to date and we all look forward to working with her in her new role.



Kind Regards
Margaret Ash (Chair of Governors)

A time for Generosity and Appreciation

This week, we had our yearly Harvest celebration at St Paul and St Stephen's Church. Together, the children of St Paul's explained to parents and carers, why we celebrate Harvest and what it means to Christians.

We were blown away with the generosity of pupils and families who have brought food in that will be donated to Gloucester Food Bank.

Harvest is celebrated by Christians to give thanks for the crops, which have been safely harvested. Christians thank God for the food during harvest. Christians also thank God for the variety of food and everything that helps the food to grow.



IMPORTANT DATES

Tuesday 24th October: Northgate Reading Café (2.45pm—3.30pm)

Wednesday 25th October: Break up for October half term (1.50pm)

Clubs will still run on Wednesday (Board Games and Martial Arts)

Monday 6th November: Return to school (8.30am)

Thursday 16th November: Open Day for new, prospective Reception Parents

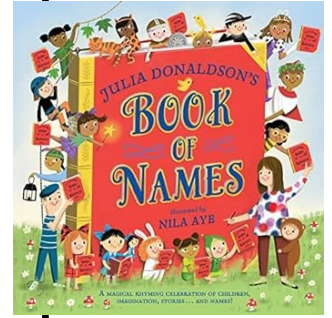
Book Recommendation

Julia Donaldson's Book of Names

We have chosen a lot of names in our family – with four children, five cats, three dogs and various chickens that have come and gone, there have been lots of names to choose. This is a book that would have been very helpful as well as enjoyable to help some generate ideas – scottie dogs called Ben and Nevis maybe?

I think this book would appeal to children and their families from around the age of two or three, and if you need to choose a name, it has no upper limit at all.

https://readforgood.org/book_reviews/julia-donaldsons-book-of-names/



Online Safety

A simple and effective way to get involved with your children and their lives online is through discussion. By always talking with your child and encouraging them to talk to you about their internet use parents/guardians can help children access the amazing resources the internet has to offer whilst keeping them safe online.

How to start the conversation

Ask your children to tell you about the sites they like to visit and what they enjoy doing online.

Ask them about how they stay safe online. What tips do they have for you, and where did they learn them? What is OK and not OK to share?

Ask them if they know where to go for help, where to find the safety advice, privacy settings and [how to report](#) or block on the services they use.

Encourage them to help. Perhaps they can show you how to do something better online or they might have a friend who would benefit from their help and support.

Think about how you use the internet as a family. What could you do to get more out of the internet together and further enjoy your lives online?

The NSPCC has advice to help if you are not sure on how to deal with any questions that you may be asked.

<https://www.nspcc.org.uk/keeping-children-safe/support-for-parents/talking-about-difficult-topics/>

Yoga!

At St Paul's we have recently introduced yoga practices in to our day. Whilst most people think of yoga as stretching, this is only a small part of what it actually is. Yoga is about connecting with the world through breathing exercises, mindfulness and meditation as well as practicing stretches and postures. Yoga can help us to focus, improve our memory and self esteem and also reduce stress and anxiety. It allows us a moment to pause during a busy day at school.

We have been participating in yoga classes as well as taking mindful moments to pause, breathe and stretch during our day. We will be exploring more ways that we can do this over the next few months.



Football Superstars!

Over the last few weeks, we have had both our Westgate boys and Westgate girls play in football tournaments. Although we did not win our matches, we played well as a team, listened to each other and showed determination in all our games.

Mr Gill and Mrs Morrison were so proud of all the Westgate pupils who played, you represented St Paul's wonderfully.

Disco!

A massive thank you to pupils, parents and staff for our very successful Autumn Disco last week. The children had a great time, and staff showcased their best moves too!

We also raised over £250 to go towards regenerating our outdoor area, and look forward to showing you what we have done with our fundraised money—this will go towards new outdoor books, new comfortable equipment for the pupils to use and improving the space for your children.

A note from our School Councillors

We had our first meeting as School Councillors. This week we focused on safety. We had our own clipboard and we did a safety walk around school, looking for what we can make safer, both inside and outside of the school building and thought of some ideas about how we could do this.

We also had some school councillor snacks!

A note from our Eco Warriors

Eco Warriors have been hard at work, we are looking at reducing waste this term. We have signed up to a recycling scheme that will hopefully allow us to recycle used pens and we are also looking at how we can recycle our plastic packaging from lunch!



The winning class are able to wear non uniform on Wednesday 25th October!

Class Winners!	Southgate Earth
Eastgate Water:	Jaydon
Eastgate Earth:	Riley D
Southgate Water:	Hafsa
Southgate Earth:	Isatu
Westgate Water:	A'vaya
Westgate Earth:	Paul



We have nearly 100% of parents signed up to Class Dojo—if you are not signed up yet, please speak to your child's Key Worker as this is our main form of communication!